

The US allows 1,300 chemicals banned by Europe to be used in cosmetics. Why?

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Parabens!

isobutylparaben, isopropylparaben, butylparaben, methylparaben, ethylparaben, propylparaben, heptylparaben, and benzylparaben

Harvard study connected paraben build-up in the body with reduced fertility.

Per, Environmental Working Group, Parabens are estrogenic (meaning they have characteristics similar to estrogen hormones and can disrupt your body's normal hormonal and endocrine balance).

They have been linked to breast cancer, skin cancer, and decreased sperm count. Studies suggest avoiding parabens.

Petroleum & Paraffin Wax Petroleum-derived ingredients like mineral oil, paraffin, and petrolatum have been linked to cancer and its long-term use is questionable

Fragrance: The International Fragrance Association (IFRA) lists 3,059 ingredients that are reported as being used in fragrance compounds.[1] Of these 3,059 ingredients, some have evidence linking them to health effects including cancer, reproductive toxicity, allergies and sensitivities.

Chemicals in Fragrance: (also banned in Europe):

Styrene and Phthalates: have been linked to endocrine disruption and cancer.

Acetaldehyde: adversely affects kidneys and the reproductive, nervous and respiratory systems, known or suspected to cause cancer (California's Proposition) and (International Agency for Research on Cancer and the National Toxicology Program classify) it as potentially carcinogenic to humans.

Benzophenone: is linked to endocrine disruption and organ system toxicity and may lead to several kinds of cancerous tumors (California's Proposition).

Synthetic colors: FD&C or D&C (e.g., D&C Red 27 or FD&C blue 1) represent artificial colors. They are derived from petroleum or coal tar sources and are considered to be a human carcinogen, a skin irritant and are linked to ADHD in children.

Hydroquinone: is outlawed in Europe and Japan and pretty much everywhere (except USA). It is cytotoxic, meaning it will kill cells and chromosomes if overused, which can lead to some cancers.

Propylene Glycol: is classified as a skin irritant and penetrator. It has been associated with causing dermatitis and hives.

Sodium Lauryl Sulfate (SLS) / Sodium Laureth Sulfate (SLES): are known to be skin, lung, and eye irritants. A major concern about SLS is its potential to interact and combine with other chemicals to form nitrosamines, a carcinogen. These combinations can lead to a host of other issues like kidney and respiratory damage.

DEA, TEA & MEA: (Triethanolamine, diethanolamine, DEA, TEA, cocamide DEA, cocamide MEA, DEA-cetyl phosphate, DEA oleth-3 phosphate, lauramide DEA, linoleamide MEA, myristamide DEA, oleamide DEA, stearamide MEA, TEA-lauryl sulfate) react with other ingredients to form a carcinogen called nitrosodiethanolamine (NDEA) which is absorbed through the skin.

Oxybenzone & Avobenzone: (see sunscreen sheet)